

# Gigabit fiber optic cable transmission distance



## Overview

Fiber optic cable can be run anywhere from 300 meters up to 80 kilometers (roughly 50 miles) depending on the cable type, transceiver used, and network standard. Fiber optic cable transmission distance is determined by two primary physical factors that affect signal quality as light travels through the fiber medium. Attenuation First is the attenuation of the optical fiber. For most enterprise or data center applications using multimode fiber, the practical limit sits between 300 m and 550 m. It operates at a 1310nm wavelength and is widely used in enterprise, campus, and access networks where copper cabling or short-reach multimode optics are no. Each wavelength runs at 28 Gbps on its own. 2 signals across 150 meters—triple the OM4 distance. OM5 handles new 800GBASE-SR8 specs for future needs. Every OM fiber follows one rule: higher speeds mean shorter reach.

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Learn all about fiber optic cable distance and the key factors that affect it. Find out how to select the appropriate cables for your network and compare single-mode and multimode options.



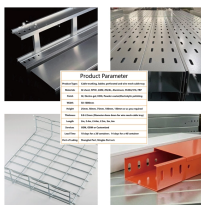
This guide explores the key factors affecting fiber optic transmission distance and provides practical selection guidelines for a stable and cost-effective network deployment.



Discover the maximum distance for fiber internet. Learn about factors affecting range, fiber optic cable types, and technology limitations.



Match your fiber type to your distance needs and network speeds. The table below shows all critical distance specs across OM1 through OM5 and singlemode fiber for 2025 Ethernet standards.



The performance of fiber cables—especially their transmission distance at different data rates—varies significantly across types. Below is a detailed guide to help you understand how ...



In this guide, we'll explore how fiber optic cables function, the maximum distances for different types of fiber optics, and tips for optimizing signal transmission over long distances.



In this comprehensive guide, we'll explore fiber optic transmission distances, the factors that determine maximum range, and how to optimize your installation for peak performance.



Learn what a 1000BASE-LX SFP is, how it works, supported fiber types, transmission distance, and common applications in Gigabit Ethernet networks.



This guide dives deep into the maximum length constraints of the three most common network cables—Ethernet, coaxial, and fiber optic—explaining why these limits exist, how they vary ...



Match your fiber type to your distance needs and network speeds. The table below shows all critical distance specs across OM1 through OM5 and singlemode fiber ...



Fiber optic cables can run up to 80 km without a repeater. Learn exact limits by cable type, application, and how to extend your network.

## Contact Us

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